Influenza Diagnosis and Treatment

**Influenza Suspected**
(Symptoms: fever/chills cough, sore throat, body aches)

- Place in flu precautions (mask)
- Wait time >1hr &<12mos send rapid flu & RSV

**Clinically Stable**

- <24mo OR co-morbid high risk conditions
  - Test & Treat if positive

- >24mo AND NO co-morbid condition
  - No testing
  - No treatment

**Requiring hospital admission**

- Test regardless of age, health conditions or duration of symptoms
- Treat if positive with Oseltamivir

### Oral Oseltamivir

<table>
<thead>
<tr>
<th>Treatment (twice daily x 5 days)</th>
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<tbody>
<tr>
<td>&lt;1yr old</td>
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<tr>
<td>1yr or older</td>
</tr>
<tr>
<td>15kg or less</td>
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<tr>
<td>&gt;15 to 23kg</td>
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<tr>
<td>&gt;23 to 40kg</td>
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<tr>
<td>&gt;40kg</td>
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**Additional Considerations**
- Clinical diagnosis is acceptable during peak influenza season
- CDC recommends treatment consideration for children <5yrs old but especially those <2yr old
- Oseltamivir is most effective within 48hrs of symptom onset

Reviewed By: S. Staley
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