# Golden Hour Checklist

## RCP

### Pre-Delivery

- **In NICU:** Set up respiratory support at bedside

- **In Delivery Room:**
  - Check and prepare equipment (see Neonatal Resuscitation Quick Equipment Checklist)
  - “Airway Clearance” supplies
  - “Ventilation/Oxygenation” & “Auscultation” supplies
  - “Intubation” supplies
  - “Surfactant” supplies

### Delivery 0-15 minutes

- Apply CPAP (and PPV if indicated)
- Adjust FiO2 to keep within targeted range
- Assure CPAP is maintained without interruption (maintains FRC)
- Secure ETT if applicable
- Transition infant to determined resp. support (ET or NIV)
- Administer surfactant, if applicable

### NICU 15-60 minutes

- Maintain/stabilize airway

- Complete set-up of respiratory devices - adjust settings,