# Golden Hour Checklist

## RN

### Pre-Delivery

- **In NICU:** Set up supplies for line placement at bedside

- **In Delivery Room:**
  - Assure DR/OR Room temp = 74-77°F (23-25°C)
  - Check and prepare “Warming” supplies (see Neonatal Resuscitation Quick Equipment Checklist)
  - Check and prepare “Medication” supplies (see Neonatal Resuscitation Quick Equipment Checklist)
  - Arrange nest for patient’s <26 weeks
  - Assure transport isolette is ready and warming

### Delivery 0-15 minutes

- Press **Apgar Timer**
- Announce Apgar time in 10-second increments for TCC
- Apply **plastic wrap** without drying (when applicable)
- Apply **hat** directly over plastic wrap on head
- Attach **pulse ox** right wrist by 2 minutes
- Attach **temp probe** and switch bed to servo control
- Apply precordial leads
- Insert PIV, if indicated (2 attempts only)
- Obtain weight, length (if stable)
- Initiate **1st Touch** by family

### NICU 15-60 minutes

- Obtain temperature & maintain thermoregulation/humidity interventions until 60 minutes post delivery
- Obtain initial vital signs
- Set up for line placement
- Obtain Labs – Consider: Glucose, Blood Culture, CBC, Type & screen, blood gas
- Obtain PIV - if needed
- Prime TPN/IL/Fluids
- Start fluids
- Administer Antibiotics as ordered

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